

Individual Medical Readiness (IMR)

- IMR Status provides the commander with a **snapshot** of the unit's deployment availability
- Your IMR status is comprised of:
 - **Medical Health Questionnaire (Web HA)**
 - **Dental**
 - **Immunizations**
 - **Labs (blood type, HIV, etc.)**
 - **Equipment (gas mask inserts)**
 - **Profile**
- To view your medical and dental readiness status, go to: <https://imr.afms.mil/imr/myimr.aspx>

Non-Compliance of Medical Requirements

IAW AFI 36-2254, Reserve members who fail to comply with medical requirements by the suspense date will be placed on a Medical Non-Compliance Roster.

- The Roster will be forwarded to the member's Commander, Health Monitor and 944 FSS.
- Member is placed in a **"No pay – No point"** status until all requirements are met

Medical Health Questionnaire (WebHA)

IAW AFI 26-3209, All reserve members must complete an annual health risk assessment via the ASIMS web site: <https://imr.afms.mil/imr/myimr.aspx>

The questionnaire should be completed no sooner than 9 months after previous PHA. Once a member completes the questionnaire, the UHM will schedule the member for an appointment (if needed) and inform the member of their scheduled time. All **"No Shows"** are updated in ASIMS at the end of clinic hours.

Profiles

Each member is responsible for reporting a disease, medication start or change, injury, operative procedure, or hospitalization not previously reported to their commander, supervisor, or the Reserve Medical Unit. Profiles are done on a **walk in basis** Saturday of UTA's at 0930-1100 (check in no sooner than 0915). The member must contact their UHM to get the civilian documentation form and to have their record sent to the clinic prior to Saturday morning.

No civilian documentation, no profile.

LOD Determinations

IAW AFI 36-2910, Commanders and supervisors are responsible for promptly reporting any injury or disease acquired by their unit members during military status. The member needs to report to the 944 MDS to have AF 348 initiated and further Line of Duty (LOD) processing. The supervisor must complete the AF 978 Supervisor Mishap Report within 5 days. The LOD cases will also require certified orders, AF 938 or AF 40A. POC: **MSgt Gonzales** and **MSgt Jordan**, 6-7613.

Fetal Protection Program/ Pregnancy Profile

IAW AFRCI 41-104, Female Reserve members must immediately notify their commander or supervisor, and report to the 56 MDG Clinic on UTA Saturdays between 0900-1100 hrs. For questions, please contact **Capt Windsor**, 6-7613.

Dental

Each member is required to have an annual dental exam completed by a civilian dentist and annotated on a DD 2813. Every third year, a military dentist must complete a dental exam during the UTA.

Reserve members that need a civilian exam will receive a DD 2813 from their UHM three months prior to the due date. You should present the DD 2813 to your civilian dentist for completion. Once complete, you must turn in the DD 2813 to your UHM and /or fax it to 623-856-8477.

Dental exams are due one year from the last dental exam. A member is considered **overdue** if they have gone over 12 months since their last exam.

To enroll in **Tricare Dental Program (TDP)**

- Call 1-855-638-8371 or go to: <https://mybenefits.metlife.com/tricare>

Immunizations

Most members require the following vaccinations for:

- Influenza (Flu Shot)
- Tetanus
- Polio and Varicella
- Measles, Mumps and Rubella

Some members are required to have:

- Hepatitis A and B

And you may see deployment specific shots such as:

- Anthrax
- Smallpox
- Typhoid

Most immunizations are administered on a walk-in basis, Saturdays during the UTA.

Labs

All members are required to have four blood tests on record: *Blood type*, *Hemoglobin-S (Hgb-S)*, *Glucose-6-phosphate dehydrogenase (G6pd)* and *HIV*. HIV is required every two years.

Glasses/Gas mask inserts

Any member that is required to wear corrective lenses must have gas mask inserts. To order inserts, you must see the reserve unit Optometry clinic ONLY (on Saturday of the UTA) with a current prescription (within a year). Once your inserts come in, you may drop by the clinic during the week or on Saturday of the UTA to pick them up.

Gas mask fit test

IAW AFI 48-137, Gas mask fit testing will be accomplished when one of the following occurs.

- Every time a different sized mask is issued
- When an individual has difficulty with negative pressure self-checks
- When an individual has extensive dental work, facial surgery, scarring or disfigurement
- When an individual gains or loses 10% or more pounds of body weight based upon their weight at QNFT

For gas mask fit test contact 944 Bioenvironmental Engineering Flight at DSN 896-7521 from 0730-1100 on the Saturday of UTAs. Do not eat, drink or consume tobacco products 30 minutes prior to getting fit tested.

Occupational Health

Fire Department, EOD and Maintainer newcomers are required to have a baseline hearing test within 60 days of in-processing. POC: **SrA Yates**, 6-3111.

Request for Medical Information

Reserve members requesting copies of their medical records must first complete and sign DD 2870 (Authorization for Disclosure of Medical or Dental Information). Request for copies are processed in the following order: Official Department of Veterans Affairs request, Retirement requests, and all other personal requests. Processing time is typically 30 days. POC: **Mrs. Donna SeKoch**, 6-7609.



944 MDS Medical Reference Tool

14708 W SUPER SABRE ST

LUKE AFB, AZ 85309

PHONE: (623) 856-7613

FAX: (623) 856-8477

DSN: 896-7613

HOURS OF OPERATION

MON – FRI 0800-1600

944 MDS (BLDG 978)

SATURDAY OF UTAs 0800-1200

56 MEDICAL GROUP CLINIC

(BLDG 1130)

Unit Health Monitors (UHM)

Please see the 944 MDS Sharepoint for the most current list of Unit Health Monitors.

**ARE YOU FIT TO
FIGHT?**