

# SnapShot

944th Fighter Wing  
Luke Air Force Base, Arizona  
July 2019 Newsletter



Getting to know Luke's Command Post  
Luke CES Airmen participate in IRT project  
Encouraging our future replacements to expand horizons



## 944 FW KEY LEADERS

### Commander

Col. James L. Greenwald

### Vice Commander

Col. Sean M. Rassas

### Command Chief

CMSgt. Jeremy N. Malcom

## 944th Fighter Wing Electronic Monthly SnapShot

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Bringing the Heat

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**Cover Photo:** Master Sgt. Laura Kain, 944th Fighter Wing command post acting superintendent and Airman Faith Kennedy, command post emergencies actions controller, work together July 2 inside the command post at Luke Air Force Base, Ariz. Command post personnel notify appropriate agencies of emergencies concerning Luke and its people so potential support can be provided. (Photo by Tech. Sgt. Louis Vega Jr.)

The Share Your Adventure peer referral program is the lead source generator for Air Force Reserve Command Recruiting Service with one of four people referred by current Reservists joining the Air Force Reserve and is replacing the command's Get1Now campaign. As manning levels continue to increase for AFRC and other branches of service and the nation's economy continues to be strong, Share Your Adventure is a vital program to help recruiters gather quality leads and assure AFRC has the manning it needs to excel in its mission to fly, fight and win. (Courtesy Graphic from Blaine Warren)



# Encouraging our future replacements to expand horizons



(Photo by Staff Sgt. Tyler Bolken)

*By Col. James L. Greenwald, 944th Fighter Wing commander*

Welcome to the July UTA! After teasing us with 60-degree temps through May, Mother Nature is no longer kidding around. Summer is officially here in the Valley of the Sun! So please take care of yourselves – drink water, wear sun protection, and keep an eye on each other.

We are in the last quarter of the fiscal year, and I'd like you all to remain focused on our 944 FW priorities as the fiscal year ends.

Readiness: As we close out the year, we need to make sure we are all taking care of the stuff we can control. If you are "red" for just one little thing, you

are still "not ready." I've asked your commanders to focus on cleaning up as many of these IMR items as possible this UTA. I realize that money has relegated us to home station Annual Tour this year, but we can still accomplish good training at home station. Maj Gen Borgen has assured me he will support our future off-station AT plans.

Develop Airmen: Wow, this one has been on my mind a lot recently, as I literally just finished submitting dozens of your promotion recommendations, school applications, quarterly awards, and performance reports. This reminds me how important it is for us supervisors

to actively encourage our future replacements to expand their horizons. And we all need to remember that our own development isn't a spectator sport. It's often up to us to take the initiative with our supervisors. Many of you don't know what options are out there – ask questions, and don't be afraid to step outside your comfort zone!

Total Force Enterprise: We have made great advances in this area, and the recent AF-level awards won by our maintainers in the "10K MXG" here at Luke, and in the 924 FG at D-M are a testament to the great relationships that you maintain with our TF partners. Every interaction you have with your RegAF partners contributes to the great synergy we have here. Never let folks forget you're a Reserve Citizen Airman and what you bring to the table!

In October, the AFRC Inspector General team will arrive to administer our Capstone Unit Effectiveness Inspection. You are ready. I fully expect them to have their eyes watered by your incredible efforts, and your awesome accomplishments. Keep doing what you're doing, focus on the above three priorities, and we will show the IG that this wing is truly the best AFRC has to offer. I can't wait to show you off to them!

Please be safe over the course of the summer. We need each and every one of you. Enjoy the summer school break, and take care of your families – we need them too! Personally, I'm thrilled to have my own family finally out here in Arizona, all living under one roof again! And I'm super excited to spend some quality time with my son (and his Boy Scout buddies) canoeing on the US-Canada border!

You are all doing fantastic work, and it is an incredible privilege to serve with you. Even though it's already 110 degrees outside, let's keep "Bringing the Heat!"



## Citizen Airmen-Master Sgt. Bradley Thomas, 944th Fighter Wing weapons safety manager



**Total time in the military:** 24 years

(Photo by Staff Sgt. Lausanne Kinder)

**How long have you been with the 944th Fighter Wing?** I first started at the 944th in 2003 to 2006 and then came back in 2013.

**How long have you been at your civilian job?** I've been with Lufthansa since 2010

**What do you do outside of the military?** I am an FAA certified Airframe and Powerplant mechanic. We inspect, repair, and maintain Cirrus Sr20, Bonanza F33, and Grob G120 aircraft for the students at Lufthansa Aviation Training Goodyear and the German Air Force.

**How does your civilian career compare to your military one?** In the Air Force, I am a weapons safety manager which means paperwork, filing, and documentation of weapons safety programs i.e. explosive ordinance disposal, Security Forces, Egress, Munitions, and Weapons Loading F-35, F-16, A-10, F-15. As a civilian aircraft mechanic I am able to see the working and hands-on side of safety from the perspective of someone whose actions directly impact the mission of training people to fly.

**What advice do you have for young Airmen who want to join the Air Force Reserve, specifically in the career field you are in?** Look to your future when you will eventually leave the military. Get all the training, degrees, and certifications you can get before your enlistment ends. The military is just the start of lifelong training. Take care of your knees and back. For the Airmen in maintenance, get your Airframe and Powerplant Certification before you leave the military if you want to stay in aviation. You will need it when you get out.

## June 2019 promotions: Congratulations to the following 944th Fighter Wing promotees

### From Airman Basic:

Airman Sadie Belton, 924th AMXS

### From Airman:

Airman First Class Jordan Aguirre, 944th CES

Airman First Class Brenda Ortiz, 944th MXS

### From Airmen First Class:

Senior Airman Mason Arias, 944th MXG

Senior Airman Mayra Carranza, 944th AMXS

Senior Airman Austin Fradette, 944th AMXS

Senior Airman Victor Jackson, 414th MXS

Senior Airman Scott Poulson, 944th AMXS

Senior Airman Tamika Thompson, 414th MXS

Senior Airman Joshua Scalf, 944th SFS

Senior Airman Amon Schenk, 924th AMXS

Senior Airman Jacob Schwisow, 944th SFS

### From Senior Airman:

Staff Sergeant Zachary Bailey, 414th MXS

Staff Sergeant Tabitha Basurto, 944th LRS

Staff Sergeant Franklin Chicas, 944th CES

Staff Sergeant Matthew Emmons, 944th CES

Staff Sergeant Matthew Gadziala, 924th MXS

Staff Sergeant Shawn Keaton, 944th AMXS

Staff Sergeant Ashlee Penney, 944th OPS GRP Det 1

### From Staff Sergeant:

Technical Sergeant Ralph Armijo, 924th MXS

Technical Sergeant Charon Chavious, 924th AMXS

Technical Sergeant Michael Dutton, 924th MXS

Technical Sergeant Wesley Ezzell, 924th AMXS

Technical Sergeant Jordann Humphrey, 924th MXS

Technical Sergeant Colton Marichalar, 944th LRS

Technical Sergeant Charles McCarter, 944th MXS

Technical Sergeant Shane Smith, 924th MXS

Technical Sergeant Joshua Stites, 924th MXS

### From Technical Sergeant:

Master Sergeant Jon Gonzales, 944th AMXS

Master Sergeant Jennifer Hall, 924th AMXS

# Getting to know Luke's Command Post

By Tech. Sgt. Nestor Cruz, 944th Fighter Wing

Some people may not have a completely clear picture of what various base agencies bring to the Luke mission. One such agency is the command post.

Luke's command post is in two locations, however, they are considered one team and one unit. The primary location is administratively owned by the 56th Fighter Wing and the alternate site is housed at the 944th Fighter Wing.

"People refer to us as 'the other command post' when actually there is only one command post at Luke," said Master Sgt. Laura Kain, 944th FW command post acting superintendent. "We're one and that's really how we operate across the board. It's an important distinction to make as part of the Total Force Integration mindset."

So what exactly is the function of the base command post?

"We are the eyes and ears for the wing commander for whatever is happening on the installation or with our assets in our area of responsibility," Kain said. "Whenever there's an emergency, we're responsible for making sure all appropriate agencies are aware so potential support can be assembled as needed."

Command Post Airmen take pride in their special function for team Luke.

"Being the communication hub for both the Reserve and Active Duty wings at Luke is the most important aspect of our job," said Tech. Sgt. Nikala Batts, 944th FW command post noncommissioned officer in charge of C2 operations training. "We are on watch 24/7 and it is our job to ensure units relay pertinent information to wing leaders as quickly and as accurately as possible."

As the base communication hub, command post is tasked with ensuring all important information is forwarded to the appropriate offices.

"One of our primary responsibilities is up-channeling reports to headquarters," said Kain. "We ensure the commander has all the information he needs

and that information is included in the report."

Working at command post encompasses several elements, just like other duty sections around the base.

"There are many facets to the job," said Kain.

"We're also the responsible agency for readiness reporting. We don't necessarily own the readiness stats, we just facilitate it. We're the 'master facilitator' of all things."

Although command post is considered one unit, Reserve Citizen Airmen encounter unique challenges.

"One of our ongoing challenges is being able to balance mission needs with personal development," Kain said. "We have the same requirements as our active duty counterparts to maintain our proficiency for classified and scenario testing, but while active duty Airmen have the entire month to do it, we have two days."

Command Post Airmen must also clock in a minimum of four hours as console operators to maintain certification. The challenge is getting those hours in addition to other obligations.

"Accomplishing those four hours during [Unit Training Assembly] doesn't sound like a lot but when you pack everything else into the weekend such as physical fitness testing, professional military education, and required readiness items, it gets really challenging to strike that balance," said Kain.



Despite those challenges, Kain said there is always support for all aspects in the life of a Reserve Citizen Airman.

"Our counterparts at the 56th are super helpful and they truly understand the demands of our drill weekends," she said. "Administratively we belong to the 944th but we're also part of something bigger on this base and I think that's really cool."

Command Post is a great example of Total Force Integration, bringing together Reserve and Active Duty Airmen to seamlessly maintain a critical support function for the base.

"We fully integrate into the 56th Fighter Wing schedule whenever we're on duty," said Kain. "It's a great TFI relationship."



# Tech. Sgt. Courtney Richardson: “From one Airman to another, ask for help and never give up”

*Courtesy article, Invisible Wounds Initiative*

The old saying goes, “A picture is worth a thousand words. Since 2004, Tech. Sgt. Courtney Richardson has been telling the Air Force story through pictures as a public affairs photojournalist.

“Serving as a photographer has been a great job; I would not trade it for any other job in the Air Force,” said Richardson. “A lot of people think that our job is to show up and take pictures at events, but what they do not realize is that it is also our job to be first responders to crime scenes, such as car accidents and property defacement – even suicides.”

Richardson finds her photojournalist job rewarding overall, but the first responder aspect has led to many tough experiences throughout her tenure. Following her first deployment to Kuwait in 2009, she noticed she was having trouble coping with the traumatic scenes she witnessed as part of her job. When a fellow Airman recommended therapy, she decided to give it a try. After two sessions, Richardson felt she was not yet ready to face the emotions and memories that her therapist wanted her to process, so she stopped going to her appointments.

“No amount of training can prepare you for how to deal with the things I have witnessed,” Richardson said. “You just learn to compartmentalize and take the human aspect out of the job.”

At the time, another Airman recommended chewing gum as a way of processing what happened after a difficult experience. This coping strategy worked for a while but lost its effectiveness the day she responded to the sudden death of a

close friend.

“After the incident, I went back to my office and started hyperventilating. I was confused how this could happen just 30 minutes after having lunch with him and everything seemed fine,” Richardson recounted.

Her leadership and fellow Wingmen were unaware that Richardson was having difficulty coping with the more graphic aspects of her job or the impact it was having on her mental health. Since she had not been formally diagnosed with an invisible wound, she was reluctant to share her difficulties with her leadership and peers.

In 2011, Richardson deployed to Latin America for five months on the USNS Comfort, a hospital ship, where one of her roles was to photograph surgeries on and off the ship. When Richardson returned home, she began experiencing anxious feelings and flashbacks from her deployment. She avoided some of her favorite activities, like attending festivals or going shopping, because she feared bad things were going to happen. She also

stopped getting personal with others for fear of eventually having to take unpleasant pictures of them.

Fearful of seeking treatment, Richardson tried to hide her symptoms from her loved ones; however, her husband noticed changes in her personality. Finally, he sat her down and told her she needed help.

*... story continued on page 9*



*(Courtesy photo)*

**Tech. Sgt. Richardson story continued...** At first, she felt relieved because she knew that she had become more irritable and protective of their kids, but she was also angry with herself for feeling like she had failed her family and wasn't strong enough to handle the stress on her own.

"I was nervous to seek help because I knew people were counting on me to be their rock, but ultimately I decided to talk with my boss about giving therapy another try," Richardson said.

With her second attempt at therapy, her mental health provider at Davis-Monthan Air Force Base diagnosed her with post-traumatic stress disorder (PTSD), panic disorder and anxiety. Richardson received four weeks of Prolonged Exposure Treatment, where she learned healthy coping mechanisms for managing her stress. Eventually, when family schedules became more hectic, she felt she could apply what she learned from treatment on her own without the help of a professional. Ultimately, Richardson decided to stop attending sessions and chose to try handling the stress on her own again.

During her third deployment, her symptoms came back worse than before—she was now experiencing insomnia, lack of appetite, hair loss, and constant stress. It was at this point that Richardson knew she had reached her breaking point, and upon her return home, she went back to her mental health provider.

"We recognized that my environment was no longer conducive to my mental health, and I needed to separate myself," she admitted.

The mental health provider told her about an

in-patient treatment program and that she could begin treatment there the following morning. Richardson worried that going away was a sign of weakness and that she would be letting her family and fellow Airmen down. But to her surprise they were immensely supportive of her decision to seek help.

"I called my husband to discuss, and he immediately encouraged me to do it," recalls Richardson. "When I told my boss, he said they would cover me, and that it was more important I get better."

For 31 days, Richardson received in-patient treatment for her invisible wounds. Her leadership came to visit her during her stay and strongly encouraged her to take the time she needed to get better before coming back to work. When her stay came to an end, staff asked if she was ready to return to work. Richardson knew she was ready to leave, but admitted she was nervous about returning to the environment that triggered her symptoms.

"At the end of my treatment, I was scared to leave what had become a safe environment for me," Richardson said.

After treatment, Richardson told her boss that she felt it was time for her to leave Active Duty, but that she still wanted to continue her career in the Air Force Reserve. Again, he supported her decision.

"I still wanted to be a part of the military because it had been so beneficial to my life, but the best thing for me was to scale back on my Active Duty career and focus on my family and health," she said.

Richardson recently graduated with her bachelor's degree in Mass Communications and Media Studies.

She is interested in pursuing a career in public relations and working with the media. She continues to tell the Air Force story through photography as a photojournalist with the Air Force Reserve, serving with the 944th Fighter Wing at Luke Air Force Base in Glendale, Arizona. Therapy helped Richardson find peace through art, journaling, and cooking, which are now her favorite hobbies. She and her husband also started attending church services and enjoy going out and doing things as a family.

When asked for advice about seeking treatment for invisible wounds for her fellow Airmen, Richardson strongly encourages them to seek help the moment they realize something is wrong.

"You may need to put jets in the sky, but if your head is not in the game, that jet could fall out of the sky just as fast as it went up," said Richardson. "Remember that your mental health is the one thing that allows you to be yourself, so please ask for help and never give up on yourself."

*Editor's Note: Are you or someone you know living with an invisible wound? Visit the Invisible Wounds Initiative website or the Air Force Wounded Warrior Program for more information. Ultimately, Airmen taking care of Airmen is what this is all about. Finding strength in yourselves and others, to go the extra distance, seek help, and come back stronger. The Air Force is committed to ensuring you have the resources to do so.*

# 944TH FIGHTER WING





# Daniel “Dan” Capote

## 944th Fighter Wing Honorary Commander



**Full Name:** Daniel Capote  
**Commander assigned to:** Col. Scott Brieese, 944th Maintenance Group  
**Place of business:** Bankers Trust  
**Duty title:** Private Banking Officer  
**City where you reside:** Phoenix, Arizona (Ahwatukee)  
**Where you were born/grew up:** West Palm Beach, Florida  
**Significant other:** Debbie Freeman, fiancée

A little about Dan in his own words:

I was born in South Florida. Both of my parents and their families came to the United States from Cuba in the 60's. I am part of the first generation of my family born in the US. I attended the University of Florida (Go GATORS!!!) and received a bachelor's degree in economics. I have worked in financial service and banking for over 20 years. When I am not working, I like to get out of the city on my Harley or in my Jeep. I also travel overseas when time allows and want to experience as much of the world as I can. I am currently serving as a board member for Phoenix Rotary 100 and the University of Florida Alumni Association here in Arizona. I also serve on the finance committee for ICAN Programs for Youth in Chandler and as a Safety Officer for Foothills HOG Harley Chapter.

I currently work as a Private Banking Officer for Bankers Trust, a 100 year old privately owned institution based in Des Moines, Iowa. My group works with individuals, business owners, and corporations on lending and banking solutions as well as Trust services and financial planning. Bankers Trust is very involved in community support and giving through many organizations like the United Way and allows us to serve on boards and get involved as much as we can.

### What is an Honorary Commander?

An Honorary commander is a member of the local community who is assigned to each of the 944th Fighter Wing's five groups, 11 squadrons, wing commander, vice commander, and command chief. The program provides a great community outreach program and the ability to foster relationships between local and civic business leaders. For more information, contact the 944th Fighter Wing Public Affairs Office at 623-856-5388.

### *Words from our Honorary Commander...*

*I got involved with the HC program after some past HC's who are also members of Phoenix Rotary 100, introduced me to it. I just wanted to learn more about the 944th Fighter Wing and Luke Air Force Base. I wanted to see what we could all do to support the local Airmen and all those serving. I hope I can help inform the community of all the great things being done and bring attention to any needs those serving might have that we can help with.*



# Luke CES Airmen participate in IRT project

Story and photo by Tech. Sgt. Louis Vega Jr., 944th Fighter Wing



Nestled on top of a mountain surrounded by lush vegetation and scenic views of the Pacific Ocean on the Hawaiian island of Oahu, lies Camp Paumalu, a 125-acre Girl Scout camp. This was the work site for over 50 service members from the U.S. Air Force and Marine Corps Reserve and Air National Guard who participated in an Innovative Readiness Training project May 18 through June 1.

“The main focus [of IRT projects] is readiness training for our CE [Civil Engineer] personnel,” said 1st Lt. Emelia Brooks, 138th Fighter Wing, Air National Guard and mission officer-in-charge of the project.

“We get to use real world building techniques with general contractors and licensed electricians and plumbers. We also get to use our skills to build something that’s going to be useful for the community.”

The mission for the two-week period was to provide a concrete slab for a new Science, Technology,

Engineering and Math lodge facility, clear and grade the surrounding area, and begin building walls, if time allowed. The Department of Defense men and women wasted no time and worked long hours to complete their portion within the allotted timeframe. The three major phases to the overall project include the construction of the STEM facility, living quarters, and road accessibility to the camp.

The Girl Scouts of Hawaii and DoD anticipate the project to be complete within two years.

“This STEM building represents enabling the development of more technologically advanced individuals at an earlier age,” said Capt. Jason Barron, 944th Civil Engineer Squadron operations commander and Air Force Reservist.

This was Barron’s third IRT project. He and his Airmen from the 944th Fighter Wing recently returned from a deployment to Southwest Asia and represented the majority of the work force during this portion of the project.

“We were able to bring the same team [who deployed] here and hit the ground running,” said Barron. “Typically, you have a crawl, walk, run stage. We were able to look at the prints, understand what was involved and

needed, and meet a very critical timeline.”

The DoD participants were given an opportunity to learn something new within their career field during the project and integrate with the other services. Concrete, dirt work, carpentry, forming, electrical, and plumbing specialists were there to accomplish the mission and according to Barron, the training requirements were met.

“We are hitting almost every single aspect of training from a CE standpoint on this portion of the project,” said Barron. “In addition, we are marrying up with the Marines who bring their own skill set in trying to provide ‘combat ready forces’ from an integration standpoint.”

Having a leadership role in this specific project has a special meaning for Brooks and she hopes to send out a message to young women everywhere.

“Representation is everything,” explained Brooks. “As a female, if you don’t see someone that looks like you doing a job, you don’t really aspire to that job.”

Brooks is an environmental engineer in her civilian career and expressed how she works in a very, male-dominated world in both careers and often she is one of the only females at the table.

“I am a lifetime Girl Scout member and I have two daughters that are Girl Scouts,” said Brooks. “My kids think it’s been ‘super cool’ to have mom working on this STEM center of excellence for the Girl Scouts.”

The IRT program is a DoD military training opportunity, exclusive to the United States and its territories, that delivers joint training opportunities to increase deployment readiness. Simultaneously, IRT provides key services (health care, construction, transportation, and cybersecurity) with lasting benefits for our American communities. For more information on the IRT program please visit <https://irt.defense.gov/>.

# POST-9/11 GI BILL CHANGE UPDATE



## Air Reserve Personnel Center Public Affairs

Applicable to: Air National Guard and Air Force Reserve

Effective January 12, 2020, the Department of Defense will issue a change per Department of Defense Instruction (DoDI) 1341.13, Post-9/11 GI Bill, updating policy on the Transfer of Education Benefits (TEB) by Service members to eligible dependents. Changes are intended to more closely align transferability with its purpose and to underscore that while the Post-9/11 GI Bill is a transition/adjustment benefit offered as a reward to Service members during a time of conflict.

Changes in effect beginning July 2018

□ Service members must be eligible to be retained for four years from the date of their election to transfer benefits, and NOT be precluded from serving for four more years prior to approval of their election by either standard policy (Department or Uniformed Service) or statute. If there are reasons that preclude a Service member from committing to four years of service, they are not eligible to apply for transfer of his or her benefits (i.e. mandatory retirement date, high-year tenure, retention control point, and those who are not medically qualified).

□ Service members with a previously approved transfer request are separated under “force shaping” authorities and policies prior to completing their required four years of service resulting from the transfer of education benefits, retain their eligibility to transfer benefits. Effective immediately, the scope of

“force shaping” was expanded to expressly include officers involuntarily separated as a result of being twice passed over for promotion (strict stipulations apply), and enlisted Service members being separated under Service high-year tenure policies or a change in these policies unless separated at high-year tenure subsequent to reduction in rank through administrative demotion, non-judicial punishment or court martial.

Changes that will become effective January 12, 2020

All changes will be included in the next rewrite of Air Force Instruction 36-2649, Voluntary Education Program.

To transfer benefits, please see Post-9/11 GI Bill Transfer Step-by-Step Instructions

□ Eligibility to transfer Post-9/11 GI Bill education benefits will be limited to service members with at least six years, but not more than 16 years, of total creditable service. The determination of Service members’ total years of creditable service will be based on the date of the member’s TEB application, not the date the request is approved.

□ Requires Service members who have not applied for TEB, who are on limited duty or involved in a Medical Evaluation Board, Physical Evaluation Board, or Disability Evaluation System process to wait until the process is complete before applying for transferability.

□ Requires Service members who applied for TEB, but were denied due to insufficient retainability as a result of being on limited duty or involved in a Medical Evaluation Board, Physical Evaluation Board, or

## Amor Fati



*From Dr. Julie Reese, 944th Fighter Wing director of psychological health*

Friedrich Nietzsche, a Latin philosopher described amor fati – “love of one’s fate” as an unconditional acceptance of life and all its experiences, whether good or bad (Mark Manson, 2019). This philosophy believed that suffering and loss was a necessary fact of life and that an attitude of acceptance would produce growth and freedom. In theory, wisdom comes from mistakes, happiness comes from pain and power comes from surrender. It’s about not hoping for better, but being better. It’s about regretting nothing and building upon every situation; not merely bearing the necessary, but loving it.

This theory is pivotal in developing individual sophistication and growth and speaks to each of us as we strive for greatness within ourselves and others. Let us consider the teachings and views of Nietzsche and how we can evolve through acceptance and action, leading us to personal growth and freedom. Welcome to July UTA!

Disability Evaluation System process to request transferability again once they are fit for duty and commit to an additional four-year service obligation.

□ Members subsequently found fit for duty, but only after having accrued more than 16 years of total creditable service, will be allowed to apply to TEB again, provided the member applies to TEB within 90 days of being informed of the fit for duty determination.

□ Service members who have not applied, and who are subsequently found unfit for duty (with a medical separation/retirement order) - but otherwise eligible to request to transfer their benefit (have six years), may NOT be approved for transferability with no additional service obligation.

Service members seeking additional information are encouraged to visit myPers or call the Total Force Service Center at 1-800-525-0102.



## IMPORTANT PHONE NUMBERS

WING COMMAND SECTION  
623-856-0944

WING SAFETY  
623-856-5361

CHAPLAIN  
623-856-5303

COMMAND POST  
623-856-5600

EQUAL OPPORTUNITY  
623-856-5560

FINANCIAL MANAGEMENT  
623-856-5311/8063

INSPECTOR GENERAL  
623-856-6682

PUBLIC AFFAIRS  
623-856-5388

STAFF JUDGE ADVOCATE  
623-856-5333

RESERVE RECRUITING  
623-856-5339

CUSTOMER SERVICES (IDs)  
623-856-5358

TRAINING/EDUCATION  
623-856-5318

FAMILY READINESS  
623-856-5571

HELP DESK  
623-856-8024

PSYCHOLOGICAL HEALTH  
623-856-2289

CELL: 623-745-6587

SEXUAL ASSAULT HOTLINE (24/7)  
623-856-4878

NATIONAL SUICIDE PREVENTION LIFELINE  
1-800-273-8255

