



944th Fighter Wing Monthly SnapShot

www.944fw.afrc.af.mil

July 2013

944 FW KEY LEADERS

Commander

Col. Kurt J. Gallegos

Vice Commander

Col. Chris Yancy

Command Chief

CMSgt Thomas Brandhuber

Mission

Train and provide Combat-Ready Citizen Airmen in support of our national objectives.

944th Fighter Wing Electronic Monthly SnapShot:

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Find the right balance

By Colonel Kurt J. Gallegos, 944th Fighter Wing Commander

Happy fourth of July! We just celebrated 237 years of our nation's independence and one of the things that sets us apart is YOU. Our military members are unequal and this Wing stands out among the very best.

What makes us among the best? Our people. The dedication and sacrifice you make daily to serve your country is what sets us apart. The balance of family, civilian employment, and the military make the Reserves unique. It's this uniqueness that I want to challenge everyone to celebrate and work on.

Family and self is always first. We are well into summer and school will be starting again in just a few short weeks. Make sure that you are spending time with your family. Take a vacation or staycation, get out of the heat, go to a water park, have a BBQ, spend time with the kids but also take time to spend with your significant other or your family. Make sure you are taking care of yourself and your family.

As Citizen Airmen most of us make our livelihood working for civilian employers. These civilian employers are patriots who give up potential income and company security to allow you the opportunity to serve your nation. Make sure you are taking care of them and focus on your job giving them your very best while you are there.

Once you take care of yourself, your family and your civilian employer the mission here will be taken care of as well. My vision for this wing starts with people first, mission always. I know I have said it before but my aim is to have a culture of motivation and inspiration and to do that we have to have balance. I challenge each of you this month to find that right balance!



Welcome Home!!

Master Sgt. Kenneth Bohannon, 944th Civil Engineer Squadron, returned home from Bagram Airfield, Afghanistan

Tech. Sgt. Brandall Selestewa, 944th Civil Engineer Squadron, returned home from Southwest Asia

Lt. Col. Darrel Hubbard, ANG/AFR Training Center, returned home from Southwest Asia

Staff Sgt. Steven Macneil, 944th Logistics Readiness Squadron, returned home from Transit Center at Manas, Kyrgyz Republic

Master Sgt. Joshua Michael, 944th Logistics Readiness Squadron, returned home from Transit Center at Manas, Kyrgyz Republic



944th Fighter Wing Commander Call

August 3, 2013 at 1500
Base Theater





There is no justification, no grey area

By Chief Master Sgt. Thomas Brandhuber, 944th Fighter Wing Command Chief

I would like to take the time to address a serious topic with all of you, Sexual Assault.

I am going to steal a comment from the Chief of Staff of the Air Force: "The goal for sexual assault in the United States Air Force is zero," Gen. Mark A. Welsh III, the Air Force chief of staff, said in a written statement. "If you are a commander or a supervisor and you are not directly and aggressively involved in speaking about this issue in your unit, then you are not part of the solution, you are part of the problem."

And a comment from the Command Chief of Air Education and Training Command, Chief Master Sgt. Gerardo Tapia:

"Pretty blunt and to the point, but I for one appreciate our Chief's honesty and candor. Our Air Force and Department of Defense for that matter, has a cancer in us that we must eradicate immediately. I mentioned at an enlisted call last week that in the case of Basic Military Training, our NCOs got us in this mess and it is going to be NCOs that get us out. The right ones, with moral courage and high standards, ones who will never accept anything less than "excellence" in anything they do. I also mentioned that as a first time supervisor, I took a vow that no one would ever hurt my Airmen in front of me. I encourage you to take the same vow."

Both of these comments speak directly to the issue. This type of behavior is abhorrent and will not be tolerated. Any wingman who is aware of or does nothing to prevent or report a sexual assault is no better than the predator who performed the assault.

There is no justification, no grey area, and no mitigating circumstances for this type of behavior or for a culture that allows this to continue. Stand up and take care of all Airman and don't allow a small minority of trash to tarnish the uniform you wear, or the oath you took.

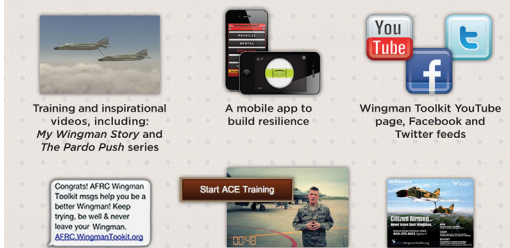
Promotions:

The following members were promoted 1 July 2013

Airman 1st Class John Garcia to the rank of Senior Airman, 924th Maintenance Squadron
 Airman 1st Class Jamie A. Moore to the rank of Senior Airman, 944th Medical Squadron
 Airman 1st Class Alexander Oakes to the rank of Senior Airman, 414th Maintenance Squadron
 Staff Sgt. Johnathan Dewerd to the rank of Technical Sergeant, 414th Maintenance Squadron
 Staff Sgt. Grace M. Haecker to the rank of Technical Sergeant, 944th Aeromedical Staging Squadron
 Staff Sgt. Brandon E. Gibson to the rank of Technical Sergeant, 924th Maintenance Squadron
 Staff Sgt. Luke R. Nagele to the rank of Technical Sergeant, 924th Maintenance Squadron
 Staff Sgt. Charles W. Perez to the rank of Technical Sergeant, 924th Maintenance Squadron
 Staff Sgt. Nathaniel C. Ward to the rank of Technical Sergeant, 414th Maintenance Squadron
 Tech. Sgt. Edgar Bonilla to the rank of Master Sergeant, 944th Force Support Squadron
 Tech. Sgt. Kevin R. Needham to the rank of Master Sergeant, 414th Maintenance Squadron



WHICH TOOLS DO YOU USE TO BE A GREAT WINGMAN?



Wingman Toolkit promotes healthy, balanced lifestyle

though. Sometimes people need help dealing with events and don't know where to turn. The Air Force Reserve has created a way to help yourself and others with the Wingman Toolkit.

The Wingman Toolkit is an Air Force Reserve initiative to empower Airmen and their families to sustain healthy, balanced lifestyles using the four pillars of Comprehensive Airman Fitness.

The four pillars are: physical, mental, spiritual, and social. The toolkit is divided around these pillars and supplies articles, videos, and other resources that can help Airmen understand the challenges facing reservists. It also includes a training section that has videos and training resources.

Examples of what you will find include an article in the physical pillar section on men's health that outlines health concerns and steps to take to maintain a healthy body. In the social section a video of a first-person account of the daring mid-air rescue shows what it is to be a great wingman. There are also multiple resources on suicide prevention and awareness.

The toolkit also has Facebook, Twitter, and YouTube pages; as well as Android and iPhone mobile apps.

While designed to focus on Airmen and their families, it is a great support resource for anyone who wants to improve the everyday lives of themselves and others.

by Ian Phillips, Defense Media Activity

As members of the military family we all deal with stress. Work, relationships, and money are just a few examples of the things that are on our minds every day. Reservists have the additional responsibility of balancing civilian and military careers. Everyone deals with it differently



Kirksey selected as AFRC command chief

by Staff Sgt. Alexy Saltekoff, Air Force Reserve Command public affairs

A reservist with 25 years of military service has been selected as the next command chief master sergeant for Air Force Reserve Command.

Chief Master Sgt. Cameron B. Kirksey, currently the command chief for the 482nd Fighter Wing, Homestead Air Reserve Base, Fla., replaces Chief Master Sgt. Kathleen Buckner at Headquarters AFRC.

Lt. Gen. James F. Jackson, chief of Air Force Reserve and AFRC commander, selected Kirksey for the top enlisted spot in the command.

"I am very privileged that after an extremely thorough interview and selection process, General Jackson had the confidence and trust in my capability and capacity to select me as the AFRC command chief," Kirksey said. "For that, I am both humbled and honored."

A native of Silas, Ala., Kirksey enlisted in the Air Force Reserve in March 1988. His background is in the logistics career field, specializing in fuels management. He spent most of his career at Maxwell AFB, Ala., rising from a fuels specialist to becoming the 908th Airlift Wing command chief. He transferred to Homestead ARB in June 2011, to fill the command chief billet at the 482nd FW.

Kirksey said his first priority is to sit down with Jackson and learn his expectations and to get an understanding of his intent, objectives, goals and policies.

As the top enlisted leader for one of the Air Force's largest major commands, Kirksey is keenly aware of the responsibilities that await him.

"I'm not a one-man show; from key positions in the private sector to leadership positions in the command, I believe that facilitating leadership and building teamwork is how to get the mission accomplished efficiently and effectively," he said. "Contrarily, I will make the hard call and stand by my decision when the buck needs to stop at me."

Kirksey said the job is about leadership.

"In the words of Gen. Colin Powell, 'Leadership is solving problems. The day soldiers stop bringing you their problems is the day you have stopped leading them. They have either lost confidence that you can help or concluded you do not care. Either case is a failure of leadership.'

"Again, I am truly grateful for this once in a lifetime opportunity," Kirksey said. "I look forward to being the eyes, ears and voice of our enlisted ranks to General Jackson, and I want every Airman who is a part AFRC to know that I am extremely honored to serve them as their senior enlisted leader."



56th Fighter Wing

The Air Force announced today that Luke Air Force Base has been chosen as the location for 72 additional F-35A Lightning II aircraft, bringing the eventual total number of the fifth-generation fighters expected here to 144.

The Air Force's initial decision to establish an F-35 pilot training center at Luke was announced in August 2012, following a three-year process that included an extensive

Additional F-35s coming to Luke Air Force Base

environmental impact analysis.

"This is great news for Luke and the West Valley community," said Brig. Gen. Mike Rothstein, 56th Fighter Wing commander. "The decision to base additional F-35 fighters here ensures the long-term viability of our mission and continues our legacy of training the world's greatest fighter pilots."

The F-35A, manufactured by Lockheed Martin, is intended to be the Air Force's premier strike aircraft through the first half of the 21st Century. It is a multirole fighter that is expected to eventually phase out the service's F-16s and A-10s.

Aircraft are expected to begin arriving at Luke in spring 2014, although exact timing will depend on production schedules. Construction on base to prepare for the aircraft is currently underway, with about \$10 million of \$57 million in projects already

completed.

The 2012 Record of Decision cited several reasons why Luke was the service's top choice for F-35A basing, including facility and ramp capacity, range access, weather, and capacity for future growth.

The base, which has been training fighter pilots for more than 70 years, also enjoys tremendous community support.

"We're surrounded by a very supportive community that is the envy of the Air Force," said Rusty Mitchell, director of Luke's Community Initiatives Team, who has worked with government officials and community stakeholders on behalf of the base for more than a decade. "We can't thank our West Valley neighbors enough for how they've come together in support of our mission."

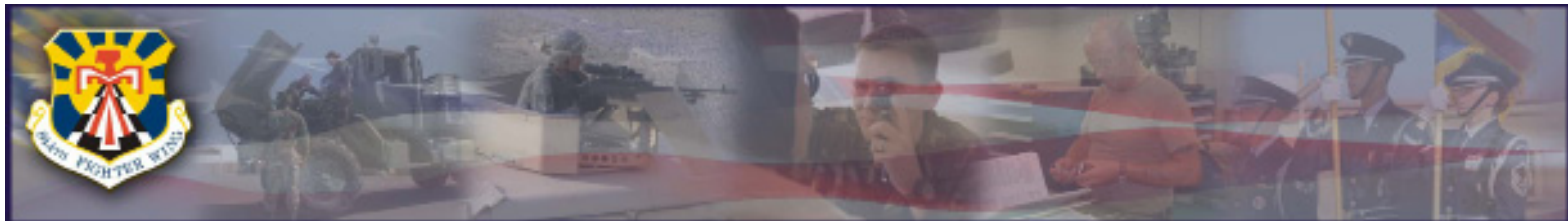
In addition to training U.S. pilots, Luke will also serve as an F-35A International Partner Training site.

WINGMAN TOOLKIT

o AIR FORCE RESERVE o

Visit <http://afrc.wingmantoolkit.org/>

Or to get help now call 1-800-273-TALK



Kendall: Sequestration Likely to Continue into 2014

by Nick Simeone, American Forces Press Service

Sequestration spending cuts could continue into 2014, and the impact of the deep cuts will fall disproportionately on small business, the Pentagon's top acquisition official told a Navy industry forum Monday.

"It's a reasonable possibility that we will go into 2014 with sequestration still underway," said Frank Kendall, undersecretary of defense for acquisition, technology and logistics. "A lot of things we planned on doing we won't be able to do."

Last month, Defense Secretary Chuck Hagel told Defense Department employees he could not guarantee that the budget situation would ease next year.

Kendall's comments to the 2013 Navy

Opportunity Forum in Arlington, Va., come three months into a budget sequester that is taking \$41 billion out of the Pentagon budget this fiscal year, leading to cuts across the military in everything from operations and deployments to training and readiness. Furloughs are set to begin in July for about 85 percent of the Defense Department's 767,000 civilian employees.

In the sequestration environment, Kendall said, the department needs to be more proactive in taking care of the small businesses that contract with the military.

"The cuts we are going to experience potentially will fall on small businesses," more than on large military contractors, he said, adding that cuts in research and development worry him as well. "Potential

adversaries are modernizing at a rate which makes me nervous," he told the group, which included representatives of companies that produce advanced technologies funded by Navy programs.

Kendall said the department is about to conclude its strategic choices and management review, which Hagel ordered to provide department leaders with options given the current budget environment as well as the prospect of future spending cuts.

"What would we have to do at the department if we had to take \$50 billion a year out over the long term? That would be pretty devastating," Kendall said, mentioning one such scenario being considered by the review.

Vice Chief of Staff thanks Airmen for successful Every Dollar Counts campaign

WASHINGTON (AFNS) -- Throughout the month of May, Airmen submitted more than 11,000 cost-reducing ideas during the "Every Dollar Counts" campaign, an initiative that empowered Airmen to find and recommend areas of savings that may be used to support more urgent readiness needs.

In a letter to all Airmen, June 5, Air Force Vice Chief of Staff Gen. Larry Spencer highlighted the great ideas Airmen submitted and also encouraged Airmen to continue looking for innovative ways to save Air Force resources. Below is his letter:

Fellow Airmen, Thank You! We asked for your help to find more cost effective ways to deliver airpower and you delivered -- big time! The response during the "Airmen Powered by Innovation Call" generated 11,000-plus ideas in just 30 days! Now the ball is in our court to quickly assess the ideas and implement those that show the most promise -- several of which have been implemented already!

To provide a recap of what we received, most of the ideas, 38 percent, affect personnel policy, 23 percent involved logistics and installation support and 11 percent recommended changes in information technology. Next, in order of the most suggestions, were current operations, financial management, health services and acquisition. Recommended changes in personnel ranged from eliminating enlisted performance reports for chief master sergeants, (we're giving that serious scrutiny now) to suggesting Airmen remain at permanent change of station locations longer. In the logistics area, many of you suggested creative ways to save energy, and Airmen at Joint Base Andrews, Md., suggested transitioning to lower-cost, leased vehicles for visiting distinguished visitors, which we implemented this week.

We also received several suggestions to limit the number and use of portable mobile devices.

Again, we extend our personal thanks for your enthusiastic support of our Air Force. As ideas are approved and implemented, I will continue to share them. In the meantime, I want to share some stories I have received about some of the amazing initiatives our Airmen are undertaking out in the field.

In a cost savings effort, Airmen at Homestead Air Reserve Base, Fla., are sharing training facilities and conducting joint exercises between the base fire department and Miami-Dade, Broward, Charlotte and Lee counties. The joint exercises save a cumulative total of approximately \$500,000 a year. Additionally, the 482nd Communications Squadron at Homestead ARB developed a procedure to audit

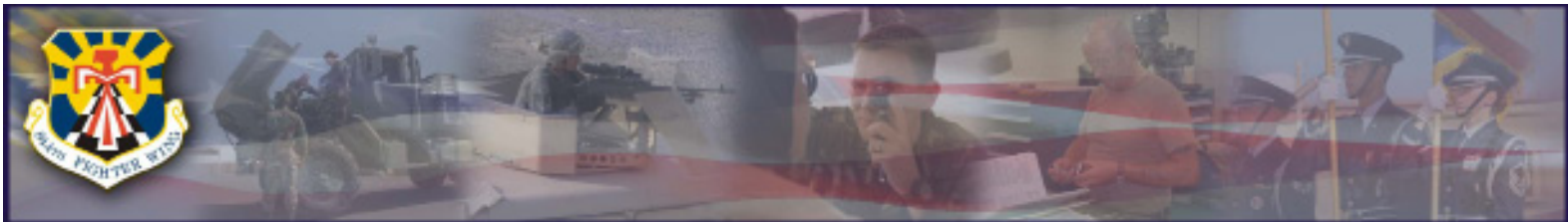
their telecommunications bills for discrepancies. This effort ensured they were being charged correctly for services and constituted a total of \$400,000 in savings.

Then there are superstars like Stacy Burgess, from the 97th Comptroller Squadron, at Altus Air Force Base, Okla. Stacy realized that many mandatory deployment items could be returned to the unit deployment manager and reissued to others who are deploying. The cost for required items prior to this policy was \$2,892.64 per member; by reissuing many of the required items from returned inventory, the cost for new purchases was significantly decreased to \$1,498.67 per Airman. On average, Altus deploys 188-236 individuals per year. This new policy has the potential to save the base and the Air Force approximately \$50,000 to \$100,000 per year. Our job as a headquarters is to share great ideas like Stacy's with every base around the world -- think of the savings!

While you were submitting your innovative proposals, I had a small team examining our current idea programs. Their task focused on four areas: consolidating and streamlining the processes, decreasing the cycle time from submission to approval, increasing the effectiveness of harvesting ideas that generate tangible savings and increasing replication of approved ideas across multiple locations. Early progress updates indicate a promising new innovation idea process that will be more responsive to submitters, and is expected to generate a higher percentage of approved and implemented concepts. This effort will result in a revamped Innovative Development through Employee Awareness and Productivity Enhancing Capital Investment programs. We will continue accepting your outstanding suggestions for improving our Force, but will take a 30-day pause on processing ideas while the team prepares to stand up the new capability. In the interim, ideas can be submitted at the following website: <https://ipds.randolph.af.mil>.

I encourage you to keep thinking about how we can accomplish our mission faster, better and cheaper. Today's fiscal constraints are the tightest our Air Force has experienced in many years. Your overwhelming response during the Airmen Powered by Innovation Call for Ideas has emboldened us all with confidence that our Air Force will persevere through these tough times and emerge a more effective and efficient fighting force for America.

LARRY O. SPENCER, General, USAF
Vice Chief of Staff



New DES tool connects job seekers with employers in Arizona

PHOENIX – The Department of Economic Security (DES) announced today a new tool to connect job seekers with employers in Arizona. The tool will promote the state's job listing website, Arizona Job Connection, by utilizing microsites to enhance search engine optimization of Arizona job postings. This will allow potential employees who search the keywords "Arizona jobs" or "Arizona veteran jobs" to more easily access tailored job-search results from the Arizona Job Connection site.

"This is a wonderful and powerful way for us to improve the job search process," said Director Clarence H. Carter. "This really is a win-win situation for everyone, as it really matches that

perfect employee to the perfect employer."

The new functions allow job seekers to look for work according to their individual job parameters and priorities, including location and occupation. The search will list only available jobs from employers who are verified, opening more pathways for job seekers and employers.

Additionally, the enhancements allow veterans to translate their military skills to jobs in the civilian world. Veterans are able to enter the type of work they performed in the armed services and receive a list of civilian jobs that require those skills. The system can also translate military occupation codes into skills employers are looking for in potential employees.

"This is a great way for veterans to transfer their skills to civilian life," said Director Carter. "It helps those individuals continue to grow the skills they obtained in the armed services by finding work that suits them."

The tool is created and operated by the DirectEmployers Association (DE), a nonprofit human resources consortium, and the National Labor Exchange (NLE). For more information on DES' Employment Services for job seekers and employers is available on the DES website (<https://www.azdes.gov/main.aspx?menu=258&id=2198>).

(Information courtesy of Department of Economic Security News Release)

Letter from AFRC commander

In a letter to Citizen Airmen sent on June 14, Lt. Gen. James Jackson, Air Force Reserves Command commander, highlighted the need to protect Personally Identifiable Information (PII).

The Letter follows:

Fellow Citizen Airmen,

Starting last month, all emails leaving the ".mil" network are scanned for Personally Identifiable Information (PII). PII includes, but is not limited to, Social Security Numbers, home address, marital status, and number, name, and gender of dependents.

The safety of our personnel and the integrity of our mission relies on protecting our information. Minimize PII exposure by sending only what is required to perform daily business and encrypt before sending any document, e-mail or attachment containing PII.

For more information on PII contact your local Privacy Act Monitor. For technical information on transferring PII via secure means, refer to the "Protect Critical Unclassified Information" briefing posted to the AFRC tier 0 website (This website is available only from a CAC-enabled computer): <https://afrc.eim.us.af.mil/sites/Tier0/BaseSites/Robins/SitePages/Home.aspx>

Thanks for all you do, JAMES F. JACKSON, Lt. Gen., USAF

Exchange to transition to rip-stop airman battle uniform

DALLAS (AFNS) -- As the Air Force transitions from the airman battle uniform, or ABU, to the rip-stop airman battle uniform, the Army & Air Force Exchange Service will no longer be able to order the ABU once the Defense Logistics Agency's stock is depleted.

"While the ABUs will still be authorized for wear, they will not be carried in Exchange Military Clothing Stores as the RABU will completely replace the older, heavier ABU," said Chief Master Sgt. Tony Pearson, the Exchange's senior enlisted advisor.

The RABU is a lighter, nylon/cotton blend that has been available for Airmen at Military Clothing Stores since June 2012. The RABU is also cooler than the ABU and features a wrinkle-resistant finish.

Military members can access the Exchange's Military Clothing Store at www.shopmyexchange.com by clicking "Military Clothing Store" under the store locator link at the bottom of the page or locate the nearest Military Clothing brick and mortar location through the store locator link at www.shopmyexchange.com/exchangestores/.

(Information courtesy of Army & Air Force Exchange Service Public Affairs)

Haboobs: The weather phenomena with an unusual name is no joke

From off the horizon one hot day in August, an ominous, billowing wall of dust descended on the city of Phoenix. Triggered by the North American monsoon and fueled by the ongoing drought in the U.S. Southwest, the towering wave of dust approached the city at speeds of 60 mph, dropping visibility to zero. The Phoenix skyline all but disappeared. Sound like something from ancient times? Not quite. In fact, haboobs (pronounced "huh-boobs") are not unique to America's Sonoran Desert. Derived from the Arabic word haab, which means wind or blow, haboobs are very strong dust and sand storms that move through hot and dry regions. They are common in arid regions such as the Sahara desert, the Arabian Peninsula, North Africa and the Gulf of Guinea.

Just how do haboobs form? When air is forced down and pushed forward by the front of a traveling thunderstorm cell, it drags with it dust and debris. Winds of speeds up to 60 mph can stir up dust and sand and create a blowing wall as high as 10,000 feet. Haboobs usually last only 10 to 30 minutes, but on rare occasions can last longer and create hazardous conditions for ground transportation systems, air traffic and motorists.

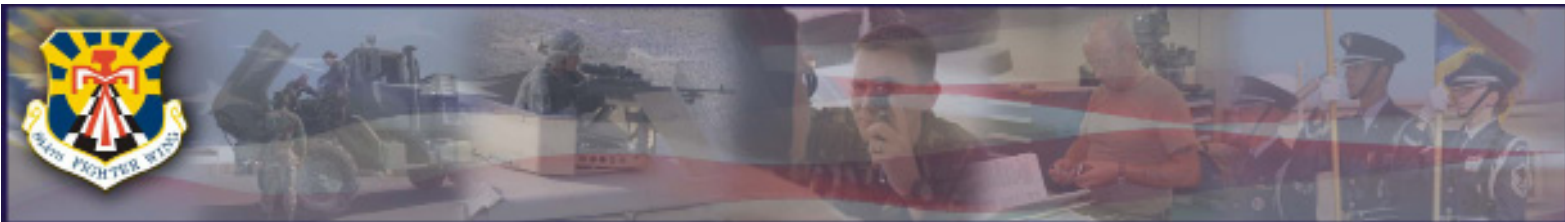
Not as rare as you'd think, NOAA National Weather Service forecast offices issue severe thunderstorm warnings, dust storm warnings and significant weather advisories to alert the public to approaching haboobs.

In Arizona, for example, one to three large dust storms will move into the Phoenix area during a given year. Across the state, more than 100 dust storms have been reported in the past 10 years according to NOAA's National Climatic Data Center.

For haboob safety tips visit the Arizona Department of Transportation website at <http://www.azdot.gov/CCPartnerships/Haboob/safety.asp>.

(Information courtesy of Luke AFB office of Emergency Management 3rd quarter newsletter.)





The Colonel's Coffee Pot

By Master Sgt. Robert Henry, first sergeant, 944th Civil Engineer Squadron

As Airman, all of us are prone to situations where we can get caught up in "water cooler" gossip and cubicle talk, especially in times with tight budgetary constraints, higher expectations, more work and less people and resources. During these times, leaders are often tasked to make difficult decisions, sometimes these decisions are misunderstood or people are uninformed and rumors are quickly passed, airman to airman, slowly taking on a life of their own. This often contributes to low morale and higher tensions. Recently, I was involved in a situation where I was tasked to help resolve an issue where one of our office's senior manager's reputation as a leader was questioned unnecessarily due to rumors and perceptions behind a relatively simple and innocuous request (please note this is with my civilian employment). I would like to highlight a similar story shared with me, which I think can help put things into perspective.

...check the facts and stop the rumors in order to avoid the possibility for increased frustration, lower morale and/or depleting a unit's faith in leadership.

The story goes like this...

"Col. Smith wants to speak to you," said the voice on the other end of the phone.

The colonel? I barely graduated tech school and I haven't been here long enough to screw up, the Airmen thought.

Col. Smith comes on the phone and says, "This is Col. Smith. I was told that your shop may have a coffee pot that you no longer use and was considering throwing away. If that is true, I'd like to know if it's alright to take that off of your hands to use in our shop."

"I'll check with my supervisor right away sir" said the Airman.

The Airman immediately contacted his supervisor in supply and explained to him the colonel's request for the soon to be trashed coffee maker. The supply NCO said he'd take care of it and get back to (him) later that day.

A couple of hours later, he received a phone call from a member of the colonel's squadron thanking him so much for the great coffee maker. Though accepting the words of appreciation, the Airman

was trying to figure out why anyone could be so excited over an old coffee maker that they were going to throw out. They must really love their coffee!

Later that same day, the Airman overheard a conversation at the DFAC (respectively referred to as the chow hall during the time this story took place) regarding the coffee maker.

"Can you believe the colonel?! He calls us and demands that we order for him, not just a new coffee maker, but two of them and they had to be top of the line! We can't afford to fix our copier and he's worried about his coffee!"

Quickly trying to figure out what happened, the Airman tracked down everyone who was involved between the supply NCO and personnel tasked with now purchasing brand-new, top of the line coffee makers.

As it turns out, each person passed on the request, but making slight changes in the verbiage behind what was passed on. Ultimately, each person in the chain altered

the request due to frustrations felt by all the members including their discernment towards any officer or senior leader who had ever seemed uncaring, uninformed and/or selfish, albeit real or perceived. And in this particular situation, it is my understanding that there had not been any particular issue with this colonel in the past, rather it was a combination of how people perceived leadership in general (i.e. a colonel only caring about how he's going to get his coffee and doesn't care about fixing tools we need to do our job) coupled with the budgetary frustrations and relentless workloads noted by most.

We all know that people can be "thankless", make bad decisions and/or make ridiculous demands, and leaders by virtue of rank are not exempt. However, it's incumbent upon everyone that when presented with a similar situation they ensure that any given request (particularly those that seem to meet a certain level of absurdity) check the facts and stop the rumors in order to avoid the possibility for increased frustration, lower morale and/or depleting a unit's faith in leadership.

The take-away... avoid creating your own "colonel's coffee pot".

KEY NOTES:

Triathlon Challenge: The Soma Triathlon is scheduled for Oct. 20, 2013. The triathlon is a HALF IRON MAN meaning it is 1.2 mile swim, 56 mile bike, and a short 13.1 mile run. The organizers are offering a 50% discount to military members. To register visit <https://register.bazumedia.com/reg/form?eventID=2139> and enter the promo code: MIL50. For more information on the Soma Triathlon go to <http://www.redrockco.com/events/event-details.cfm?id=053D50CE-D086-C29F-5585A821EAF5BDB8>. If you are interested in competing and do register please call Tech. Sgt. Tymmothy Roy (623-856-9474).

Military Youth on the Move: This Military One Source link (<http://apps.militaryonesource.mil/MOS/f?p=MYOM:HOME2:0>) provides assistance for children dealing with all things related to youth military life, deployments, school, and moving. There is content geared towards all ages: younger kids, pre-teens, teens. ALSO, there is helpful information for parents as well.

Military.Com - Benefits page: Military.com has a new and improved web page with various items to assist in gaining information regarding your benefits, such as: pay calculators, GI Bill benefits explained, Tricare benefits explained, Veterans benefits, TAMP, SGLI, and more. Visit <http://www.military.com/benefits/>.