

944th Fighter Wing Luke Air Force Base, Arizona

January 2018 Newsletter



Laugh your way to a better marriage

Five tips to reach your New Year's resolution goals

Blended Military Retirement System to take effect Jan. 1

Employee Assistance Program available to all civilians

944 FW KEY LEADERS

Commander

Col. Bryan E. Cook

Vice Commander

Col. Robert R. Tofil

Command Chief

CMSgt. Jeremy N. Malcom

944th Fighter Wing Electronic Monthly SnapShot

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Cover Photo: Members of the 944th Security Forces Squadron pose for a photo during their predeployment weapons qualification Oct. 26, 2017 at the Arizona National Guard Range in Florence, Arizona. Prior to deploying, Airmen are required to qualify on the weapons they are deploying with. (Courtesy photo)



Two 944th Fighter Wing members were highlighted during the opening ceremony of the 2017 Fiesta Bowl game, Dec. 29, at the University of Phoenix Stadium in Glendale, Arizona. Lt Col Kip Schlum (left), an Arizona native, and SSgt Leah Taddei (right), a Penn State alumni, both from the 944 FW were joined by Maj Benjamin Carlson, a University of Washington alumni from the 56th Fighter Wing, as they were recognized for their military service before the playing of the National Anthem and game kick off. (Courtesy photo)

2018 The Old is New Again...Are you Ready?



By Col. Robert Tofil, 944th Fighter Wing vice commander

Happy New Year! I hope everyone had a fun and safe holiday season. I am sure we have

all thought about what we want 2018 to be like and what we want to do. Whether we call them resolutions, goals or simple to do lists, it is important to focus our energy and direction. The question I posed to myself and one that I am asking all of you now is, "are you ready?"

Air Force Reserve Command has placed a new emphasis on being ready. Many of us who have been around a little longer in the Air Force can remember doing a lot of the training we will be doing over the next couple of months on a much more routine basis. I remember having chemical training gear under my desk and going to the firing range every year or two. Thus, the old is new again. We did those things to keep our skills sharp instead of using the current just-intime model for when we are tasked

to deploy. Being "ready" is much more than just being up to date on Self Aid Buddy Care or current on computer based training.

Being ready encompasses all that we do and the people around us. Being ready starts with you! You need to be ready mentally as well as physically. This means preparing for the Unit Training Assembly, giving everything you have during the UTA, and reflecting upon it afterward to engrain all that you learned over time. Finally, being ready includes your home life too. Being ready means you have the necessary documents, financial plans, and powers of attorney in place. Make the most of the small amount of time we spend at UTAs and get more prepared and READY!

UTA SCHEDULE 2018

JANUARY 6-7
FEBRUARY 10-11
MARCH 3-4
APRIL 7-8
MAY 5-6
JUNE 2-3
JULY 14-15
AUGUST 4-5
SEPTEMBER 8-9

We should always be striving

By Chief Master Sgt. Jeremy Malcom, 944th Fighter Wing command chief

I am excited to get back to work after a great holiday season spending time with family and friends. I personally have never really subscribe to the "New year, new me" idea. My belief is that we should always be striving to improve ourselves and help those around us no matter what time of year it is. I will however, talk to a couple of ideas that you can expect to see this year.

One of the things we will be working toward is a more process driven way of doing business. In order to create repeatability in our daily operations, we have to have documented procedures that are followed by all. The 944th Force Support Squadron has begun reviewing and updating all processes in order to ensure that the wing establishes those expecta-

tions to be followed. The FSS share point will have all of these processes and procedures for everyone to use. Should you have ideas or changes that you think will improve one of those processes, please pass it along.

We will also be putting more emphasis on mentoring. Col. Cook, Col. Tofil and myself will begin a two-down mentoring program this Unit Training Assembly that should be made available to the wing in the coming months. Our focus will be on understanding where our people are in their careers and where they would like to eventually be. We will talk about career paths, training needed to achieve those goals, and what we can do as leaders to help facilitate those needs. Everyone should have an idea of what they want out of their careers and it is our job as leaders to help get you there.



Please remember to reach out to those members who are deploying this month for anything they may need. Let us all make sure they feel appreciated and taken care of!

We are devoted to the success of our 944th family both in and out of uniform. We will continue to make the 944th FW a unit that people want to be a

Warrior of the Month



(Courtesy Photo)

Name and Rank: MSgt Kenneth M. Heng

Unit: 944th Medical Squadron

Duty Title: Assistant Superintendent and Wing Yellow Ribbon

Representative

Time in Service: 28 years

Time with the 944th Fighter: Since September 2003

Civilian Job: City of Goodyear Firefighter

Hometown: Greeley, CO

Hobbies: Car restoration, family time, watching movies

Home-life: Three wonderful kids; 17-year-old daughter, 12-year-old

son, 4-year-old daughter

Why did you join the Air Force Reserves? I joined the reserves because I missed the, teamwork, camaraderie, and structure of my previous service.

How does your job support the mission of the 944th Fighter Wing? I am currently the 944th representative for the Yellow Ribbon Program which is program that helps promote the well-being of Reserve members and their families by connecting them with resources throughout the deployment cycle. Through Yellow Ribbon events, Service members and loved ones connect with local resources before, during, and after deployments.

If you were on a deserted island.....? I would body surf every day, sleep on the beach, eat poke and sashimi.

January 2018 promotions:

Congratulations to the following 944th Fighter Wing promotees

From Airman Basic:

Amn William Brice, 414th MXS

From Airman:

A1C Thomas Kolberg, 944th MDS

From Airmen First Class:

SrA Rayn Brown, 924th MXS SrA Jovito Palo, 924th MXS

From Senior Airman:

SSgt Glendra Bruno George, 944th LRS SSgt Cesar Gonzalez z, 944th LRS SSgt Brandon Urtasun, 944th MDS SSgt Nathan Verlinde Laksono, 944th SFS

From Staff Sergeant:

TSgt James Torbit, 414th MXS
TSgt Amber Palama, 924th OSF
TSgt Alexandra Rambaran, 924th OSF
TSgt Timothy Shults, 944th AMXS
TSgt Dion Taylor, 944th AMXS
TSgt Arnetta King, 944th MDS

From Technical Sergeant:

MSgt Maritza Castaneda, 924th MXS MSgt Shawn Dickey, 944th AMXS MSgt Anthony Portz, 944th AMXS MSgt Khrystal Fleming, 944th CES MSgt Christopher Saenz, 944th LRS

4th Quarter Award Winners

Congratulations to our

Wing Quarterly Award Winners for the fourth quarter!

AMN: SrA Akeal D. Odom, 944 LRS

NCO: TSgt Alexander Goreski, 944 SFS

SNCO: MSgt David S. Ross, 944 ASTS

CGO: Capt Julie L. Moroz, 47 FS

FGO: Maj Rachael M. Mooney, 924 FG

IP: Lt Col Brian P. Healy, 944 OG/Det 2

IWSO: Maj Andrew S. Sisler, 414 FG

Laugh your way to a better marriage

Story and photo by 944th Fighter Wing Public Affairs, 944th Fighter Wing

The military prepares its members to meet the toughest challenges when called upon for war. But what prepares a military member and their spouse for the challenges they face on the homefront in their marriage?

The 944th Fighter Wing Chapel team took on that mission when they hosted a Couples Enrichment Training event for over 30 944th couples in early December. The event followed the Laugh Your Way to a Better Marriage curriculum by Mark Gungor and was customized specifically for military couples.

"One of the key pillars in the Wing's strategic plan is Family," said Chaplain (Capt.) David Kreis, 944 FW. "This Pillar includes spouses and significant others in our focus and the retreat provided a way for couples to focus on taking care of each other. This allows members to participate in drill and deploy with tools they need to take care of their family and loved ones."

"The retreat provided a time to step back and focus on the relationship without distractions around you," continued Kreis. "It allowed time for couples to bond and to learn how to love each other."

The couples retreat was open to all wing members and their partners with priority given to those deploying.

"The subtitle for the material is "the relationship seminar for those who hate relationship seminars," said Kreis. "The curriculum provides fantastic and important information for couples whether they are dating or married."

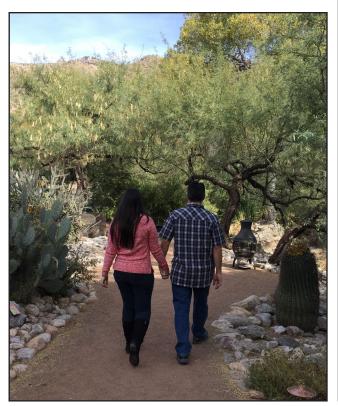
Gungor's presentations provide information on relationships in a funny and practical manner that helps put the audience at ease but still communicates relevant information on relationships.

"The conference was educational and would be of great benefit to any newly married couple," said TSgt Suley Kashiwagi, 69th Fighter Wing, command support staff NCOIC, who attended with her husband Jacob. "The information contained in the conference can help stave off "bumps" along the road that usually lead to divorce. In the short time since the conference we've already been able to avoid possible "discussions" by using the new knowledge we gained."

The retreat took place at the Loews Ventana Canyon Resort in Tucson, AZ.

"The attendees reported 100 percent that they enjoyed the presentation and they felt their relationship was strengthened," said Kreis. "They all also said they would recommend it to others and would go again.

The 944th Chaplains office hopes to be able to host other marriage enrichment retreats in the near future.



New year, new you

From Dr. Julie Reese, 944th Fighter Wing director of psychological health

In light of our recent Wingman Day which focused on "acceptance," it is important to step into the New Year considering areas of growth and how we want to present ourselves over the course of the next year. These areas of growth can be simple additions or complex endeavors that take intentionality, courage and persistence.

Creating short and long-term goals are essential to invoking motivation for growth, and maintaining a fresh perspective on our continued outlook. Committing to a plan, and managing the strategies utilize to make it happen are essential to accomplishment. Maintaining focus and a positive attitude while growing, will catapult successes and enable that sense of pride felt from hard work. Welcome 2018 – Here's to the best year ever!

Love yourself enough to create an environment in your life that is conducive to the nourishment of your personal growth.

Allow yourself to let go of the people, thoughts, and situations that poison your well-being. Cultivate a vibrant surrounding and commit yourself to making choices that will help you release the greatest expression of your unique beauty and purpose.

-Dr. Steve Maraboli

Five tips to reach your New Year's resolution goals

Story by Joe Gonzalez, 4th Aerospace Medicine Squadron

SEYMOUR JOHNSON AIR FORCE BASE, N.C.

-- It's that time of the year and the common theme around the New Year is to write down New Year's Resolution goals. The key to accomplishing your goals is to break the cycle of failure and develop a habit of success that works around your hectic life and works for you.

Here are five great tips to get you started.

1. Objective goals vs. outcome goals

Don't get me wrong, having a goal to lose 15 pounds or running your fitness assessment test under 10 minutes is awesome, but how much control do you have with that?

One of the reasons why I see people fail so often is because they are so focused on the outcome instead of the steps to reach the outcome. Using the above examples, instead of making an outcome goal of losing 15 pounds of body fat, start by saying that every day you will eat your bodyweight in grams in protein, or you will drink less sugary beverages for the next 3 months, or you will track all of your food consumption for the next 90 days in a fitness app and adhere to the prescribed calories. These are all objective goals to reach your overall outcome to lose excess body fat.

Instead of saying that you want to run your mile and a half in less than 10 minutes, you'll incorporate



1-2 days per week of interval training into your running program, or add in 8-12 minutes of metabolic conditioning sessions at the end of your resistance training routine, or increase your total running volume 10 percent per week.

The idea is to reverse engineer your outcome goals by setting mini objective goals that will ultimately lead you to finally crush your New Year's Resolution

2. Go all in

When I was in high school the Harlem Globetrotters entertained us for the day. At halftime, there was a man who juggled the famous red, white, and blue basketballs on sticks. I didn't learn a lesson until a decade and a half later, but the juggler was successful because in order to balance multiple spinning basketballs on sticks, he first had to apply all of his focus and energy on one at a time. After that, once the basketball(s) were spinning successfully on the sticks - all he had to do was add maintenance spins to keep them going.

Make a list of what's important to you: finances, family, fat loss, etc. Go all in until you are comfortable to attack the next important task until all you have to do is add "maintenance spins" to keep them going successfully.

3. Be the tortoise not the hare

I see this over and over and over. Everyone sets their New Year's Resolution goals, hits the gym HARD, and burns themselves out faster than they were able to quote the goal. I read to my 6-monthold son the tortoise and the hare book on a regular occasion. Every time I read that book, the tortoise is undefeated. This can't be stated enough, do as much as needed and not as much as possible.

If you haven't worked out in quite a while, it

makes zero sense to run for an hour or max out your lifts in the gym. This will leave you incredibly sore and you won't be able to train for at least three to five days. If you do this, it'll be that much harder to develop and achieve successful objective habits and you'll be constantly starting at day one over and over. Just because you can do more now doesn't mean you should. Go back to tip number one, stick to your plan, and don't rush things.

4. Don't fret over the misses

Life isn't perfect, nor should you be expected to hit the bulls-eye every time. Too many people beat themselves up because they miss a training session or didn't achieve one of their objective goals (e.g. not eating pizza on Saturday nights). If you miss, get back on the wagon and crush it the next day, the next session, the next week, etc. Don't let one misstep derail you from completing your goals. Also, don't double your efforts to catch-up. The main thing is to not let the misses accumulate.

5. Have a Wingman

We preach this all the time, right? In this sense, we all, myself included, need an "accountabilibud-dy." Don't let this journey be a lonely one. Grab a friend, make a friend, join an online community, or chronicle your journey on social media. Find people who share the same mindset as you and understand your goals. Be vulnerable enough to let them push, coach, and inspire you. Surround yourself in a complimentary community and avoid the negativity. Undoubtedly, there will be wavering times of weakness. Lean on your community for the support you need and they will drive you to new levels you didn't think were possible.

Finally, reciprocate the effort. If you are pushing and evaluating your community, you will add value to the group and the average will rise with that.

Change of Command Ceremonies

414th Fighter Group





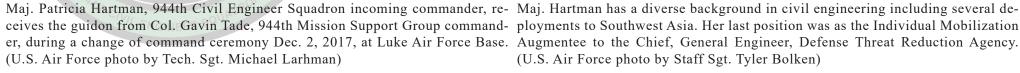
Col. Bryan Cook, 944th Fighter Wing commander, pins a medal on Col. Christopher Freeman, 414th Fighter Group commander, during the 414th Fighter Group change of command ceremony Dec. 8, 2017, at Seymour Johnson Air Force Base, North Carolina. While commanding the 414 FG, Freeman directed activities of 264 personnel assigned to the 307th Fighter Squadron and the 414th Maintenance Squadron. Freeman had served as the 414 FG commander since July 2014. (U.S. Air Force photo by Airman 1st Class Miranda Loera)



Col. Michael Eltz, the new 414th Fighter Group commander, watches as names are changed on an F-15E Strike Eagle during the 414 FG change of command ceremony Dec. 8, 2017, at Seymour Johnson Air Force Base, North Carolina. The ceremony consisted of Eltz assuming command from Col. Christopher Freeman. (U.S. Air Force photo by Airman 1st Class Miranda Loera)

944th Civil Engineer Squadron









(U.S. Air Force photo by Staff Sgt. Tyler Bolken)

SEXUAL ASSAULT PREVENTION AND RESPONSE

VISION:

Establish a national benchmark for recovery and eliminate sexual assault through empowered and engaged Airmen.

MISSION:

The day-to-day mission of the Air Force Sexual Assault Prevention and Response Office is to educate, advocate and collaborate to respond to and stop sexual assault and its harmful effects on the Air Force.

Did you know that service members aren't the only ones who are eligible for Sexual Assault Prevention and Response support services? Dependents who are 18 and older who are eligible for treatment in the military health system and Air Force civilians (appropriated and non-appropriated) employees are also entitled to these services.

The Air Force SAPR Program:

- Focuses on the victim, doing what is necessary and appropriate to support his or her recovery, and transition to survivor.
- Ensures SAPR response services are gender-inclusive, culturally competent, and recovery-oriented.
- Offers unrestricted and restricted (confidential) reporting options.
- Executes a proactive and comprehensive sexual assault prevention program to enable mission readiness and reduce -with a goal to eliminate -sexual assault from AF.

What does a SARC do?

The SARC serves as the installation's primary point of contact for integrating and coordinating sexual assault victim care services for eligible recipients. Services may begin at the initial report of sexual assault and continue through disposition and resolution of issues related to the victim's health and well-being. The SARC reports directly to the installation wing commander (or equivalent) or installation vice wing commander, executing the Air Force's Sexual Assault Prevention and Response program at the installation level. SARCs assist unit commanders as necessary to ensure victims of sexual assault receive appropriate and responsive care.

The Wing Commander has oversight over the local SAPR program. Here at the 944th Fighter Wing our leadership is committed to:

- Establishing a command climate that is predicated on mutual respect and trust.
- Ensuring standardized, timely, accessible, and comprehensive healthcare for victims, to include the ability to elect a SAFE.
- Taking immediate steps to ensure the physical safety and emotional security of a victim.
- Protecting victims, witnesses, bystanders (who intervene), responders, or others parties to the incident from reprisal and retaliation.
- Ensure all assigned military and civilian personnel receive sexual assault prevention and response training.

SAPR servies are available 24/7, for all locations including deployed locations. The Luke Air Force Base Sexual Assault Response Coordinator (SARC) can be reached at 623-856-4878 Ms. Evelyn mobile: 623-363-6590 or Ms. Latice mobile: 623-229-3691

Blended Military Retirement System to take effect Jan. 1

DoD News, Defense Media Activity

WASHINGTON (AFNS) -- One of the most wide-reaching and significant changes to military pay and benefits over the last 70 years goes into effect Jan. 1, 2018, with the implementation of the Uniformed Services Blended Retirement System, known as BRS.

The new system blends aspects of the traditional defined benefit retirement pension system, with a defined contribution system of automatic and matching government contributions through the Thrift Savings Plan.

All new entrants into the uniformed services on or after Jan. 1 will be enrolled in this new retirement system, Pentagon officials said. The uniformed services are the Army, Navy, Air Force, Marine Corps, Coast Guard, Public Health Service Commissioned Corps and the National Oceanic and Atmospheric Administration Commissioned Officer Corps.

Some Can Choose Between Systems

Nearly 1.6 million current service members will have the option to remain in the current legacy "high-3" retirement system or to choose the BRS when the opt-in period for eligible service members opens Jan. 1. Opt-in eligible service members from all seven of the uniformed services will have an entire year to make their retirement system election. The open period for the majority of service members is from Jan. 1 through Dec. 31, 2018.

Service members will need to visit one of these designated resources to opt into BRS:

-- Army, Air Force, Navy: MyPay (https://mypay.dfas.mil).

- -- Marine Corps: Marine Online (https://www.mol.usmc.mil).
- -- Coast Guard, NOAA Commissioned Corps: Direct Access (https://portal. direct-access.us).
- -- U.S. Public Health Service personnel should contact the USPHS Compensation Branch.

Service members who believe they are eligible to opt in, but do not see the optin option available online should contact their local personnel/human resources office to verify eligibility, officials said.

Decision Irrevocable

The decision to opt in is irrevocable, officials emphasized, even if a service member changes his or her mind before the Dec. 31, 2018, deadline. Eligible service members who take no action will remain in the legacy retirement system, they added.

Prior to opting in, officials recommend that service members take advantage of all available resources to assist in making an informed decision on the financial implications specific to their retirement situation. The Defense Department endorses several training and informational tools to support a service member's decision, including the BRS Opt-In Course, the BRS Comparison Calculator and numerous online BRS resource materials. Service members can receive no-cost, personal support from an accredited personal financial manager or counselor available at their installation's military and family support center or by calling Military OneSource at 1-800-342-9647.



Employee Assistance Program available to all civilians

By Bo Joyner, Headquarters Air Force Reserve Command Public Affairs

ROBINS AFB, Ga. -- For civilian employees of Air Force Reserve Command who need a little helping hand in dealing with any of life's myriad challenges, assistance is just a phone call or a mouse click away.

As of Oct. 1, the Air Force started offering Federal Occupational Health's Employee Assistance Program and Worklife4You services to all of its civilian employees, to include air reserve technicians, free of charge.

"This is great news for our civilian employees," said Brande Newsome, community support program manager at AFRC headquarters, Robins Air Force Base, Georgia. "What this means is many of the services that have been available to our military members for years through Military One Source are now available to all of our civilian Airmen."

Newsome said that in the past, access to EAP was available to civilians at some Air Force bases but not others. The situation changed when the Air Force directed that EAP be made available to its entire civilian work force.

EAP is a professional service that provides information, consultation, problem-solving counseling, resource identification and support to all civilian employees and their immediate family members.

"Civilians just need to call (toll free) 1-800-222-0364 from anywhere in the United States to receive immediate assistance, 24 hours a day, 365 days a year," Newsome said.

Civilians can also obtain information and resources online at FOH4You.com. The website provides easy access to educational materials, self-assessment tools and specific information on available EAP services.

EAP's mission is to enhance employee and work-

place effectiveness through prevention, identification, and resolution of personal and productivity issues.

"People who call the 1-800 number or visit the website have the opportunity to talk with a licensed, credentialed master's degree professional who can help with marital, family and relationship problems, work-related problems, financial and legal problems, as well as a host of other difficulties," Newsome said.

All support is provided on a confidential basis and can be done via telephone or face to face with a local provider.

"Six sessions are allowed per problem," Newsome said. "And while EAP consultants are trained to help with a host of life's most common and pressing problems, they don't diagnose or treat medical or psychiatric problems. If someone needs medical or psychiatric care, they're referred to appropriate providers in the community."

In addition to providing individual assistance to civilians, EAP also provides rapid, on-site critical incident response when offices or work areas are faced with exposure to threats, acts of violence, natural disasters, injury or death. EAP's national crisis response team assists in management consultations and critical incident services, and follow-up with the organization and individuals is provided as appropriate.

Newsome said WorkLife4You is a separate program from EAP that is designed specifically to provide expert consultations, pre-screened referrals to local resources and comprehensive educational materials to assist with:

- child care and parenting;
- adult care and aging;

- education and career development;
- health and wellness; and
- daily life needs.

"Suppose you are placed in a position of having to care for an aging parent, and you are looking for some help so you can provide the best care to your loved one," Newsome said. "Air Force civilians have 24/7 access to WorkLife4You services, which can provide a free in-person consultation from a professional care manager."

The PCM will listen to the employee's particular concerns and needs and, if necessary, arrange to have an assessment conducted in the home, hospital or care facility. The employee is then provided with a detailed, actionable care plan based on this assessment.

"WorkLife4You also has a number of kits available to help our civilians with specific life events and common caregiving challenges," Newsome said.

Included are prenatal, college, adult caregiver, child safety and be-well kits.

Civilians can access WorkLife4You services by calling the same EAP 1-800 number or by visiting www.worklife4you.com.

"It is no secret that when people are having trouble dealing with personal or family problems, it can have a negative effect on their health, happiness and how well they are able to do their job," Newsome said. "As a result, making EAP and WorkLife4You services available to all of our civilian employees can assist with problem resolution, improvement in quality of life, and increased effectiveness at home and at work."

Daniel "Dan" Capote

944th Fighter Wing Honorary Commander



What is an Honorary Commander?

An Honorary commander is a member of the local community who is assigned to each of the 944th Fighter Wing's five groups, 11 squadrons, wing commander, vice commander, and command chief. The program provides a great community outreach program and the ability to foster relationships between local and civic business leaders. For more information, contact the 944th Fighter Wing Public Affairs Office at 623-856-5388.

Full Name: Daniel Capote

Commander assigned to: Col. Scott Briese

Place of business: Bankers Trust Duty title: Private Banking Officer

City where you reside: Phoenix, Arizona (Ahwatukee) Where you were born/grew up: West Palm Beach, Florida

Significant other: Debbie Freeman, fiancée

A little about Dan in his own words:

I was born in South Florida. Both of my parents and their families came to the United States from Cuba in the 60's. I am part of the first generation of my family born in the US. I attended the University of Florida (Go GATORS!!!) and received a bachelor's degree in economics. I have worked in financial service and banking for over 20 years. When I am not working, I like to get out of the city on my Harley or in my Jeep. I also travel overseas when time allows and want to experience as much of the world as I can. I am currently serving as a board member for Phoenix Rotary 100 and the University of Florida Alumni Association here in Arizona. I also serve on the finance committee for ICAN Programs for Youth in Chandler and as a Safety Officer for Foothills HOG Harley Chapter.

I currently work as a Private Banking Officer for Bankers Trust, a 100 year old privately owned institution based in Des Moines, Iowa. My group works with individuals, business owners, and corporations on lending and banking solutions as well as Trust services and financial planning. Bankers Trust is very involved in community support and giving through many organizations like the United Way and allows us to serve on boards and get involved as much as we can.

Words from our Honorary Commander...

I got involved with the HC program after some past HC's who are also members of Phoenix Rotary 100, introduced me to it. I just wanted to learn more about the 944th Fighter Wing and Luke Air Force Base. I wanted to see what we could all do to support the local Airmen and all those serving. I hope I can help inform the community of all the great things being done and bring attention to any needs those serving might have that we can help with.

IMPORTANT PHONE NUMBERS

WING COMMAND SECTION 623-856-0944

WING SAFETY

623-856-5361

CHAPLAIN

623-856-5303 COMMAND POST

62 3-8 56-5600

EQUAL OPPORTUNITY 623-856-5560

FINANCIAL MANAGEMENT 623-856-5716

INSPECTOR GENERAL 623-856-6682

PUBLIC AFFAIRS 623-856-5388

STAFF JUDGE ADVOCATE 623-856-5333

RESERVE RECRUITING 623-856-5339

Customer Services (IDs) 623-856-5358

TRAINING/EDUCATION 623-856-5318

FAMILY READINESS 623-856-8324

HELP DESK 623-856-8024

SEXUAL ASSAULT HOTLINE (24/7) 623-856-4878

WING KEY SPOUSE 515-988-7951

NATIONAL SUICIDE PREVENTION LIFELINE 1-800-273-8255

U P C O M I N G E V E N T S

JANUARY UTA Saturday Jan 6

1 p.m. - SFS Change of Command Hangar 999

2 p.m. - Retirement Ceremony for Lt. Col. Evans Hangar 999

FEBRUARY UTA Saturday Feb. 10

Annual Awards Banquet Wigwam Resort

- 5 p.m. Social
- 6 p.m. Dinner

Be sure to sign up before the prices go up Jan. 7

MARCH 10-11 2018 Luke Days

This FREE event is open to the public. For more information, visit www.luke.af.mil





